

Certificate IV in Massage Therapy (Traineeship)

COURSE CODE	HLT42021
LOCATIONS	Warrnambool, Workplace training
STUDY MODE	Traineeship
Length	2 years
Commencement	Start any time
Timetable	On-the-job training plus one day at the Warrnambool campus each fortnight.

Course Overview

This section gives you an introduction to what you will be learning in this course, plus course outcomes, career opportunities, and student support.

Introduction

This course is suited to those employed as full-time trainees in the massage therapy industry.

You will gain hands-on experience across a range of massage therapy services, including relaxation massage, health and wellbeing consultations, client assessment, and developing treatment plans.

Under the supervision and guidance of your employer and our experienced teachers, you will develop practical skills and theoretical knowledge aligned to industry standards.

What will I Learn?

During this course, you will learn a variety of practical, hands-on skills and knowledge including:

- anatomy and physiology
- therapeutic relaxation massage
- working with diverse people
- health and hygiene practices

You will strengthen these skills throughout the course enabling you to successfully apply them in a real clinic environment.

Course Outcomes and Career Opportunities

Upon successful completion of this course, you may continue employment as a massage therapist in a range of industry settings, such as wellness clinics, spas, health centres, or mobile massage businesses.

Pathways

Upon completion of this course, you may choose to further develop your skills and knowledge by completing the Diploma of Remedial Massage.

Information Session

Why don't you come along to our next course info session to find out everything you need to start your learning journey? You can chat with our teachers, tour our facilities, learn more about the course, find out about the application process and get your questions answered by our course experts.

[Find the next info session near you](#)

Course Requirements

This section gives you an overview of entry requirements, course units and electives, skills recognition, and assessment criteria.

Entrance requirements & pre-requisites

You must be employed as a trainee with a registered employer in the massage salon.

Apprenticeship/Traineeship Entry Requirements

You need to be employed in this field as an apprentice or trainee before commencing this course.

If you are currently **not** employed in this field please contact the [Skills and Jobs Centre](#) for further advice.

Course requirements

To be eligible to be awarded this qualification, you must complete 13 units: 10 core and 3 elective units.

For this course, you will need to:

During this course, you will be required to have close and physical contact with another person to practice massage therapy techniques. Perform physical work involving lifting, standing for long periods, or cardio activity.

PLEASE NOTE: Students must be able to demonstrate the physical capabilities to follow the DRSABCD principles in line with ARC guidelines, including:

- * Performed at least 2 minutes of uninterrupted single rescuer CPR (5 cycles of both compressions and ventilations) on an adult resuscitation manikin placed on the floor
- * Performed at least 2 minutes of uninterrupted single rescuer CPR (5 cycles both compressions and ventilations) on an infant resuscitation manikin placed on a firm surface

Units offered

Core Units

Unit Code	Unit Name	Unit Hours	Unit Consumables
HTWHS004	Manage work health and safety	40	\$0.00
CHCDIV001	Work with diverse people	40	\$0.00
CHCCOM006	Establish and manage client relationships	35	\$0.00
CHCLEG003	Manage legal and ethical compliance	80	\$0.00
HLTAAP002	Confirm physical health status	90	\$0.00
HTLINF004	Manage the prevention and control of infection	50	\$0.00
HTLMSG009	Develop massage practice	45	\$0.00

HLTMSG010	Assess client massage needs	100	\$0.00
HLTMSG011	Provide massage treatments	100	\$0.00
HLTMSG012	Apply relaxation massage clinical practice	160	\$0.00

Elective Units

Unit Code	Unit Name	Unit Hours	Unit Consumables
CHCPRP005	Engage with health professionals and the health system	40	\$0.00
HLTAID011	Provide First Aid	18	\$15.75
CHCCCS001	Address the needs of people with chronic disease	75	\$0.00

Assessment

This course involves accredited units. You will be required to complete assessment tasks to demonstrate your underpinning knowledge, skills and attributes to meet the course outcomes. A combination of written, oral and practical assessment strategies will be used in either a classroom, online or workplace environment.

Where units require demonstration of skills in a workplace environment, you will have the opportunity to do this either in your own workplace (where appropriate), through a practical placement, or by using one of the Institute's simulated workshops/classrooms. Detailed information about the types, conduct and dates of assessments will be provided in advance. You will also be provided with information about the opportunity for reassessment and appeal.

After applying

Once you have applied for your chosen course, you will receive a thank you email from South West TAFE with a few steps to help process your enrolment.

Complete a Pre-Training Review

You will receive an email to complete a Pre-Training Review online evaluation. This evaluation helps us tailor your training to suit your needs.

Create or provide a Unique Student Identifier (USI)

A USI is a nationally recognised reference number that provides an online record of your training qualifications gained in Australia.

[Create your USI](#)

Already have a USI but can't remember it? [Find your USI](#)

Skills recognition

If you have experience or prior qualifications, you may be eligible to apply for [recognition of prior learning](#) and gain credits. You will be asked to provide any relevant Statement of Attainment to support identified credits.

Fees

This section gives you an overview of course fees, subsidies, and how they can be paid.

Course Fees

Here's an outline of fees and costs associated with your course.

Your fees each year can be made up of 3 different elements. Everyone has different circumstances that can affect what you pay and how much you pay. :

1. Tuition fees - charged as an hourly rate that varies from course to course. A large portion of the tuition is subsidised by the Victorian Government for eligible students.

2. Resource and/or materials costs - covers the cost of materials and other incidentals. This fee will vary according to the course being undertaken.
3. Booklist items - such as textbooks, equipment and stationery recommended for your course

Tuition fees

There are 4 different rates of tuition fees. Only one will apply to you (depending on your eligibility and circumstances).

1. **Government Subsidised Fee** - you could be eligible for a government-subsidised rate under the Skills First funding depending on your age, educational history, and citizenship or residency status. If you are eligible, the government will contribute to the cost of your training.
[Find out more about subsidised training](#)
2. **Government Subsidised Concession Fee** - If you are eligible for a Skills First government-subsidised place and hold a current healthcare or pension card, that you can provide at enrolment, you may be eligible for the concession rate. Note, the concession rate is not applicable to Diploma level courses.
[Find out more about concession rates](#)
3. **If the course is a Free TAFE course or part of the Free TAFE Pathways Program** - Eligible students will not pay course tuition fees for the duration of their enrolment in this course, however, there may be some consumable/material fees for the course (find out more below). Any resource or material costs, or booklist items for this course are listed in the table below.
[Find out more about Free TAFE](#)
[Find out more about Free TAFE Pathways Programs](#)
4. **Full fee** - If you are not eligible for a Skills First government-subsidised place, exemption, concession or are enrolling in a course that isn't government-subsidised, you may be required to pay the full fee rate.

FIND OUT MORE ABOUT FEES AND ELIGIBILITY

The fees listed below are indicative only. The course fees published are subject to change given individual circumstances at enrolment. Course fee funding is made available to eligible individuals by the Victorian and Commonwealth Governments. If funding is utilised, this may affect opportunities to access additional funding in the future. An accurate quote for this course will be provided during the enrolment process.

Course fees by student type	Indicative Course Fee
Government subsidised rate (if eligible)	\$4,675.00
Concession rate	\$935.00
Full fee rate (if not eligible for govt subsidy)	\$6,855.00
Additional course fees	Indicative Course Fee
Course consumable/materials (approximate)	\$640.75

Resource and/or materials costs

Some courses require specific resources or materials necessary for your study eg: tools of the trade, excursions, etc. Final costs will be determined upon enrolment.

How do I pay my fees?

Once we have processed your enrolment form, you will receive an email with your invoice.

You have [three options when organising your payment](#):

1. [Upfront payment](#) - can be made over the phone with EFTPOS
2. [Payment plan](#) - can be directly debited from your bank account, debited from your Centrelink payments or via a [VET Student Loan](#) (for diploma or advanced diploma courses only)

3. [Paid by employer, school or job network agency](#) - if your fees are being paid by your employer, school or job network agency, you will need to complete an Authority to Invoice form.

Payments will need to be arranged within five(5) business days of receiving the email containing your invoice.

We also offer a range of [scholarships](#) each year which you may be eligible to apply for to assist with course fees.

Next Steps

Ready to take the next step? Here you can make an enquiry, attend an information session or begin the application process.

How to apply for an apprenticeship or traineeship

There are five simple steps to apply for an apprenticeship or traineeship with us.

1. **Find a job** - find a job as an apprentice or trainee through an Apprenticeship Centre or Group Training Company.
2. **Register** - register with an Australian Apprenticeship Support Network (AASN) and nominate SWTAFE as your training provider (your employer will usually do this for you).
3. **Complete a pre-training review** - SWTAFE staff will contact you to organise your Pre-Training Review once your AASN contract registration is complete.
4. **Enrol** - complete the enrolment form provided to you and provide your identification.
5. **Pay** - once we've completed your enrolment, we will send you an invoice to arrange [payment of your course fees](#).

If need any assistance with applying, [contact our team](#) on 1300 648 911 or [visit your nearest campus](#).

Careers and Course Advice

Not sure which course is right for you? South West TAFE will help you find your way.

Our Careers Coaches at the [Skills and Jobs Centre](#) is here to support you. Whether you're exploring career options, transitioning from school to the workforce or looking to study after school we're here to help you.

Student Support

As a SWTAFE student, you can access a variety of support services that will enhance your study experience and help you complete your studies successfully. For more information about any of these services, [visit our student page](#).